Liberty Community Integration Program II Inc 11 Condo Units

LIBERTY AT DISSTON STREET

Eligibility:

Any resident of a nursing home interested in returning to community-based living in Philadelphia should call to learn more.

How can I get more information?

Individuals should call either Liberty Resources at 215-634-2000 or Philadelphia Corporation for Aging (PCA) at 215-765-9040 or 215-765-9041 (TDD).

Liberty Resources provides Nursing Home Transition services to individuals ages 18 to 59. PCA provides Nursing Home Transition services to individuals ages 60 and above.

Making a difference in your life or for a loved one begins with you. So start today and let **Nursing Home Transition** help.

"I'd be lost without NHT services. If it wasn't for NHT, I'd still be in a nursing home."

4/2/08

Nursing Home Transition is a joint project of the Commonwealth of Pennsylvania's Governor's Office of Health Care Reform, Department of Aging, and Department of Public Welfare. Funding for the Project is provided through the PA Departments of Aging and Public Welfare. Philadelphia Corporation for Aging and Liberty Resources are collaborative partners for Nursing Home Transition in Philadelphia.

Liberty Resources is a federally-funded Center for Independent Living. Since its incorporation in 1980, Liberty Resources has been committed to helping people in nursing homes move back to the community.

Philadelphia Corporation for Aging (PCA), a private, non-profit Area Agency on Aging, was established in 1973 to coordinate social services for Philadelphians who are older or who have disabilities and to assist them in achieving optimum levels of health, independence, and productivity. PCA is funded in part by the federal Older Americans Act, Medical Assistance, and the Pennsylvania Lottery, all channeled through the Pennsylvania Department of Aging.

PCA
PHILADELPHIA CORPORATION FOR AGING™

642 North Broad Street • Philadelphia, PA 19130-3409
Administration: 215-765-9000 • **Fax:** 215-765-9066
PCA Helpline: 215-765-9040 or 215-765-9041 (TDD)

LIBERTY RESOURCES
www.pcaCares.org

1341 N. Delaware Avenue, Suite 105
Philadelphia, PA 19125-4314
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05/07 Photos by Robin Miller

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NURSING HOME TRANSITION

Choices for Nursing Home Residents

Liberty Resources Inc, RDA Docs

This is Robert.

Thanks to the Nursing Home Transition Program, Robert was able to leave a nursing facility and return to community-based living.

"I have my freedom. Now I can get around and help other people, and I don't have to ask permission to do anything."

In the Community or Nursing Facility?

Where would you or your loved one prefer to live?

For some, nursing home care is needed. But many residents in nursing facilities — like Robert — could live **independently** and in the **community** if only they had the resources and services to do so.

…that's where **the Nursing Home Transition (NHT)** program may help.

What is Nursing Home Transition?

Nursing Home Transition is a program to assist residents of long term care facilities into community-based living.

The program provides support to eligible residents of Philadelphia long term care facilities who are interested in returning to the community.

How does it work?

The goal of the program is to first identify residents of long term care facilities who desire to live independently. Then staff works closely with the resident and other community agencies to coordinate services to support the individual in the community.

Supports may include:

- assistance in finding and establishing housing
- making current homes accessible through home modifications
- connection to services, such as medical, adult day care or home health care
- training for independent living

After the transition is made, individuals may be eligible for a variety of home and community-based services to help them live safely and comfortably in the community.

"It feels good to be your own person and make your own decisions."

The program's success relies on the participation and collaboration of many people. The resident, staff of long term care facilities, resident advocates, family members, and other service providers are key stakeholders in the process.

What are the benefits?

Independence. Peace of mind. Dignity. Whatever your motivation, **Nursing Home Transition** might mean new found freedom.

Nursing Home Transition expands the options for service, while valuing an individual's right to make choices for his or her life.

Through this program, certain nursing home residents can choose where and how they

Liberty Resources Inc, RDA Docs