

**TAB 10: Supportive Services Plan**

North City Congress (NCC) was established in North Central Philadelphia in **1963**, with the help of private sector social service agencies and as a federation of more than 50 community based groups and organizations. This effort was led by the Philadelphia Council for Community Advancement (PCCA), the Health and Welfare Council of United Way, The Center for the Study of Community Values, Temple University and other United Way member agencies.

During its first decade, North City Congress represented the federation of neighborhood organizations that were determined to effect social change. North City Congress initiated a number of activities designed to plan, coordinate and deliver a variety of human services in the North Philadelphia community. In the late 1970's, driven by funding challenges and community changes, North City Congress began providing programs and services primarily to older adults. In 1989, North City Congress moved its programs and services to 1438 N. Broad Street, Philadelphia PA 19121. Today, North City Congress is a multi-services organization in North Philadelphia serving over 1,300 older adults, caregivers and community partners.

North City Congress will provide a part time (20 hours per week) Service Coordinator to provide the following services:

- Service Coordinator will assist management in initial resident interviews to help determine resident eligibility.
- Service Coordinator will provide initial assessment for all new residents to welcome residents and to determine resident need for further supports.
- Service Coordinator will be available to residents to provide counseling, assistance with accessing benefits and entitlements, and referrals for list of services and resources provided by community based organizations such as local senior center, In-Home Support Services,

Philadelphia Corporation for Aging programs such as Options and Waiver programs, legal services, financial services such as Clarifi and BenefitsCheckup, and health care referrals.

- Service Coordinator will also provide and/or bring in local experts to provide residents with up-to-date information on benefits, services and resources.
- Service Coordinator will work with building management to assist with difficult resident situations such as mental or health care changes that may affect resident ability to live in independent living apartment.

With on-going Service Coordinator support, The Beury residents will receive assistance in connecting to an array of programs, benefits and supports that meets their unique and evolving needs.

**NCC has been providing community based in home services to frail older adults since the late 70's. The community based In-Home Support Program (IHSP)** helps older individuals in North Philadelphia do what they want most, to live in their own homes. Whether the senior lives in a senior apartment or their own home IHSP provides access to program, services and resources to support decline and promote independence. Currently IHSP is providing support and services to 800+ seniors in our community. Services include home delivered meals, transportation to doctors appointments, Senior Companion, short term intervention/brief services which include assistance with accessing benefits and entitlements, adaptive equipment and appliances, minor home repairs, and one time heavy cleaning and extermination. With on-going case management support, IHSP consumers receive assistance in connecting to an array of benefits and supports that meets their unique and evolving needs. NCC currently has eleven (11) case managers and two (2) supervisors providing this service.

**North Broad Street Senior Center (NBSC)** is a vibrant senior community center where members can gather for a nutritious meal, companionship, learning and support. NCC has operated Senior Centers since 1978, offering programs and services that promote healthy lifestyles for older adults 55+

in North Philadelphia and the surrounding community. NBSC works from a holistic approach to enhance the physical, social, emotional and psychological wellness of older adults by offering programs and services which address participants' health, functional, and psychosocial needs. Five days a week, year-round we offer nutritious meals (free lunch and/or low cost breakfast), which also provide an opportunity for socialization. NBSC also offers daily exercise programs, health promotion and nutrition, education programs, support groups, recreation, intergenerational and volunteer opportunities. All NSBC participants receive social work support which includes individual, group and caregiver counseling, referrals to other community-based programs/services, benefits enrollment assistance, workshops and support groups (i.e., Veterans Administration, peer support, kinship caregivers).

NCC also maintains responsibility for fiscal oversight of the **Support Community Outreach Programs (SCOP)** funded by the City of Philadelphia since 1981. This program provides grants to over 300 community based and civic organizations across the city to initiate cultural, educational, counseling and recreational services and options for disadvantaged youth from diverse ethnic backgrounds. The scope of NCC's responsibility includes ensuring that agencies spend their allocation according to their budget and comply with the City's reporting requirements.

Presently NCC has 27 full and part-time staff supporting our programs and services.